



Watch for Mindful Menu Solutions...

Look for the
Mindful
symbol to find your way
to better nutrition.

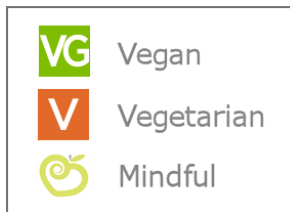
Download our Sodexo Bite App
to keep informed on food ideas,
menu's and more!

Hours

Open 7am to 7pm all 7 Days

Managers

Director: Bob McMicken x5210
Chef: Adrian Neria x5216
Dietician: Andrea Megel x5223
Dietician Office x5223



PRMC Palm Cafe

Week of Monday August 19

Monday

- Soup: Broccoli Cheddar Cheese Soup
Chicken, Cabbage And Chicken
- Entree: Cod with Tomato Caper Cream Sauce
Gnocchi with Meatballs
White Rice **V**
Lemon Garlic Green Beans **VG**
- Grill: Buttermilk Crispy Chicken Pancake Tacos

Tuesday

- Soup: Classic New England Clam Chowder
Spicy Tomato & Lentil
- Entree: Bacon Wrapped Meatloaf
Baked BBQ Chicken
Yukon Gold Mashed Potatoes
Baked Macaroni and Cheese
Roasted Vegetable **V**
- Grill: Buttermilk Crispy Chicken Pancake Tacos

Wednesday

- Soup: Santa Fe Black Bean Soup
Seafood Bisque
- Entree: Street Style Shred Chicken Tacos
Beef Barbacoa Street Tacos
Spanish Rice **V**
Chipotle Pinto Beans **V**
- Grill: Buttermilk Crispy Chicken Pancake Tacos

Thursday

- Soup: Mushroom Bisque (Mindful) **V**
Hot & Sour Soup with Chicken
- Entree: Chinese Ginger Chicken
Thai Citrus Beef Stir Fry with Rice
Chow Mein Noodles **VG**
Wok-Style Vegetables **VG**
- Grill: Buttermilk Crispy Chicken Pancake Tacos

Friday

- Soup: Potato & Dill Soup **V**
Sausage Florentine Soup
- Entree: Baked Mahi Mahi
Roasted Pork Loin with Chipotle Glaze
Au Gratin Potatoes **V**
Golden Rice Pilaf
Sauteed Spinach in Olive Oil with Garlic **VG**
- Grill: Buttermilk Crispy Chicken Pancake Tacos